The South Delta Minor Hockey Association (SDMHA) is a community-based, volunteer-driven association established to promote and provide hockey experiences in South Delta.

The SDMHA provides a variety of hockey programming for boys and girls between the ages of 5-20 years of age and their families. The SDMHA is a participating association of the Pacific Coast Amateur Hockey Association (PCAHA), a member of BC Hockey and of Hockey Canada, and is constituted under the Societies Act of British Columbia.

The mission of the **SDMHA Storm** is to nurture the complete player - to develop well-rounded young athletes and citizens. Our goal is to help kids develop a life-long passion for the game of hockey, and to learn some of the important life lessons such as sportsmanship, respect for teammates and opponents, working as part of a team, and playing hard to achieve success.

**COACHING STAFF**

**Executive Hockey Advisor** Yogi Svejkovsky  
**Coach Coordinator** Lawson “Boots” Boutilier  
**Goalie Coach** Pasco Valana and Lynden Sammartino

For further details and to register for our programs please visit our website: www.southdeltahockey.com  
604-948-3414  
facebook  
twitter
The SDMHA offers REP ‘A’ Hockey programming for all ages. REP hockey is a more intensive program requiring a full commitment by players and their families. Our coaches are well-qualified and provided the best hockey experience available to athletes who aspire to play the game at a more advanced level.

Initiation Hockey 1-4 is offered to children as an introduction to the Hockey experience. Both boys and girls ages 5 to 8 are introduced to the game with special emphasis placed on having fun, skill development and making connections with others in a safe and enjoyable environment.

The SDMHA offers House ‘C’ hockey for boys and girls from Atom to Juvenile. The program appeals to a broad range of children interested in participating in the hockey experience. The experience offers kids the chance to participate as part of a team, develop their hockey skills, and engage in competition with teams.

SDMHA welcomes all kids interested in learning the game of hockey. The NTH program is designed for those participants who have never played hockey. Players will be taught the basic fundamentals of the game to help them get up to speed prior to joining their teams in their relevant age groups.

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The program will be designed for the hockey player that would like to develop their skills and ability to take them to a higher level of performance. Players will be placed in their appropriate skill group to maximize our teaching efficiency and the learning experience of every individual player.

SDMHA offers a prep camp the week prior to tryouts. The focus will be on skill instruction and conditioning, with emphasis on skating, passing, shooting, support & game situation drills.

Power skating is a high energy instructional program that focuses on balance, power, agility, speed and endurance. Skills, techniques and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations.

At SDMHA we are very proud to have the ability to offer a great mentorship to our volunteer coaches. The expertise of our professional coaching staff allows us the best coaching possible for our young players in the association.